

# Life Skills Activities

<p><b>Doing the laundry</b> By asking Mum, Dad, an older sibling or by calling another family member or family friend, or by reading the instructions for the washing machine, find out about the following things:</p> <ul style="list-style-type: none"> <li>· sorting different fabrics/colours</li> <li>· dealing with stains</li> <li>· putting in detergent</li> <li>· choosing the settings</li> <li>· hanging up and folding washing</li> </ul> <p>Create a visual information card that can be used by younger people if they need to do the laundry. It can be done on the computer or on paper.</p>	<p><b>Car maintenance</b> By asking Mum, Dad, an older sibling or by calling another family member or family friend, find out about the following things:</p> <ul style="list-style-type: none"> <li>· topping up the oil</li> <li>· putting water in the wiper spray</li> <li>· adding antifreeze</li> <li>· charging a flat battery</li> <li>· changing the window wipers</li> <li>· filling up with petrol</li> <li>· putting air in the tyres</li> <li>· changing a tyre</li> </ul> <p>Write down step-by-step instructions for the above tasks and include illustrations with labels.</p>	<p><b>Doing dishes</b> By asking Mum, Dad, an older sibling or by calling another family member or family friend, find out about the following things:</p> <ul style="list-style-type: none"> <li>· rinsing dishes</li> <li>· using soap suds in the sink</li> <li>· different drying methods</li> <li>· using a dishwasher including settings</li> <li>· putting dishes away</li> </ul> <p>Draw a flow diagram which explains what needs to be done, in order, with illustrations. How does the method you have been taught differ to what other family members do in your wider family?</p>
<p><b>Vacuuming</b> By asking Mum, Dad, an older sibling or by calling another family member or family friend, or by reading the vacuum's instruction manual, find out about the following things:</p> <ul style="list-style-type: none"> <li>· settings on the vacuum</li> <li>· different features and nozzles on the vacuum</li> <li>· techniques to get dirt out of carpets</li> <li>· treating stains using natural or chemical products</li> <li>· emptying the vacuum cleaner</li> </ul> <p>Create a flyer with 'top tips for cleaning dirty floors'.</p>	<p><b>Cleaning the bathroom</b> By asking Mum, Dad, an older sibling or by calling another family member or family friend, reading the instructions on the cleaning bottles, or looking online, find out about the following things:</p> <ul style="list-style-type: none"> <li>· the functions of different bathroom cleaners</li> <li>· how to use different types of cleaners</li> <li>· natural versus chemical cleaners</li> </ul> <p>Create an ad for either a natural or chemical cleaner of your choice, showing why it should be in every home. The ad can be on paper, a Google Doc or a short video.</p>	<p><b>Baking</b> By asking Mum, Dad, an older sibling, or searching online, find out about the following things:</p> <ul style="list-style-type: none"> <li>· how to follow a recipe</li> <li>· the functions of different ingredients eg baking soda versus baking powder etc</li> <li>· keeping safe around the oven and sharp objects</li> <li>· names of different kitchen utensils and tools</li> <li>· creating your own recipes or variations to other recipes</li> </ul> <p>Share a recipe you created or modified with your classmates so they can try and make it too.</p>
<p><b>Cleaning windows</b> By asking Mum, Dad, an older sibling or by calling another family member or family friend, find out about the following things:</p> <ul style="list-style-type: none"> <li>· different techniques for cleaning windows</li> <li>· the effects of different materials</li> <li>· natural versus chemical cleaners</li> <li>· getting rid of streaks</li> <li>· skills you would need to be a commercial window cleaner (including on high rise buildings)</li> </ul> <p>Write an email to Mrs Rentoul to let her know which sort of cleaners we should be using at school on the windows, and why. Use the information you discovered to back up your argument.</p>	<p><b>Mowing the lawns</b> By asking Mum, Dad, or an older sibling, find out about the following things:</p> <ul style="list-style-type: none"> <li>· putting petrol in the mower</li> <li>· how to start the mower</li> <li>· safety around the mower</li> <li>· getting rid of grass clippings</li> <li>· cleaning the mower</li> </ul> <p>Draw a diagram of your mower, with labels which show the parts of it and what they do.</p>	<p><b>Learning a musical instrument</b> By asking Mum, Dad, an older sibling or by calling another family member or family friend, or looking online, find out about the following things:</p> <ul style="list-style-type: none"> <li>· parts of an instrument you are interested in playing (it will need to be already in your house so you don't break the rules of lockdown)</li> <li>· notes/chords on the instrument</li> <li>· learning a song</li> <li>· writing a song of your own</li> <li>· performing for others</li> </ul> <p>Learn to play a song and then perform it for your teacher (you can pre-record it or plan during an online chat).</p>
<p><b>Budgeting</b> By asking Mum or Dad, find out about the following things:</p> <ul style="list-style-type: none"> <li>· look at the amount of money the family has spent on groceries or electricity over the past year (using receipts or statements)</li> <li>· how does this compare with other families we are related to or know well?</li> <li>· what could we do to reduce costs for our family in this area?</li> </ul> <p>Write down a plan for reducing costs in your house. Share your ideas with a parent and your teacher.</p>	<p><b>Household waste</b> Find out about the following things:</p> <ul style="list-style-type: none"> <li>· what do we currently do with our different types of waste?</li> <li>· look online for ways to reduce waste</li> <li>· are there any specific ways we could reduce the waste in our family?</li> </ul> <p>Create a plan for implementing those ideas.)</p>	<p><b>Learning from your Amazing Family</b> There will be skills or talents that members of your family have that you might want to learn. Have a think, then ask that family member to spend time teaching you the skill or talent they have. Share your newly-developed skill or talent with your teacher.</p>